

Monday		Tuesday		Wednesday		Thursday		Friday	
JULY 2019 Calendar - Wasatch County Seniors									
1 <div>9:00 a.m. Trip to "Living Planet" Aquarium, in SLC Cost: \$23 (Includes admission & Transportation) Lunch – on one's own at The Aquarium</div> <div>NO FIRESIDE</div>		2 <div>10:30 a.m. "Chair Exercise" Class</div> <div>12 noon Independence Day Lunch (Visiting & Socializing)</div> <div>1 pm: Table Games</div>		3		4 <div>HOLIDAY</div> <div>(CENTER CLOSED)</div>		5	
8 <div>1p.m. Movie at the Center "Unbroken"</div> <div>NO FIRESIDE</div>		9 <div>10:30 am "Chair Exercise" Class</div> <div>12 noon Lunch & Presentation – Dawn Loper – M.A.G.</div> <div>1 p.m. Diabetes Clinic – Wasatch County Health – Rm. 158</div> <div>1 pm: Table Games</div> <div>1:00 p.m. Corp. Adv. Board Mtg. – Rm. 159</div>		10		11 <div>9, 10 & 11 am. 3 "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403\ 11am Symbii Home Health – BP & Glucose checks 12:00 Noon Lunch & Pres. - Steve Marsing – WA Aquatic Center 1:00 p.m. Bingo, Ceramics, Billiards 4 p.m. Caregiver Support Group</div> <div>2:30p.m. Day Trip to Clark Planetarium – SLC Cost: \$8 – (Trans. & Admission) Dinner (on one's own) at</div>		12	
15 <div>NO FIRESIDE</div>		16 <div>9:00 am BREAKFAST (No Lunch Today)</div> <div>10:00 a.m. Table Games and Billiards</div> <div>10:30am "Chair Exercise" Class</div>		17		18 <div>9, 10 & 11 am. 3 "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403 10:30 am "Seniors Book Club"</div> <div>12 Noon Picnic Box Lunch at Soldier Hollow – Music by "Swiss Miss" Royalty 2019</div> <div>1:00p.m. Bingo, Ceramics, & Billiards 1:30 p.m. County Advisory Board Mtg.</div>		19 <div>All Day Trip to "Pickleville Playhouse" (Bear Lake, Utah) Cost: \$ 38 - includes admission & transportation (\$3 lunch --"donation) Bus leaves Ctr. at 9:30a (Dinner – on one's own) Tomorrow ---> S. L Bees Baseball Cost: \$24 (Leave Ctr. at 5:30p)</div>	
22 <div>Day Trip to Morgan, UT – "Taggart's" Restaurant (Lunch - on one's own) Cost: \$5 – Trans. (Bus leaves Center at 10 a.m.)</div> <div>NO FIRESIDE</div>		23 <div>10:30 am "Chair Exercise" Class</div> <div>12 Noon - Lunch (Visiting & socializing)</div> <div>1 pm: Table Games</div>		24 <div>HOLIDAY</div> <div>(CENTER CLOSED)</div>		25 <div>9, 10 & 11 am. 3 "Piano Classes for Seniors" Contact: Christy Ackerson (801) 864-6403</div> <div>11:00 am. Applegate Home Health BP & Glucose checks</div> <div>12 Noon Lunch & Program Music with Stacy Despain</div> <div>1:00p.m.: Bingo, Ceramics, & Billiards</div>		26	
29 <div>"Grandparents" Ceramic Day (at the Sr. Center) 10a-12noon</div> <div>NO FIRESIDE</div>		30 <div>10:30 am "Chair Exercise" Class</div> <div>12 Noon - Lunch & Presentation Dennis Autrey – "Senior Care Associates"</div> <div>1 pm: Table Games</div>		31 <div>Day Trip to Quilt Show, Art & DUP Museums – in Springville Cost: \$7 – Trans. (Bus leaves at 1:30 p.m.) Dinner (on one's own – at Cracker Barrel Restaurant</div>		<div>ALL DAY – EVERY WEEKDAY Exercising, Reading, Computers, Billiards, Piano/Organ, Checkers, Puzzles, Wii Video Games and Socializing</div> <div></div>			